



# The Oakwood Clinic Newsletter



## NEAL'S YARD REMEDIES

Hello Everyone

It is with a heavy heart that the inevitable decision has been made, to increase prices for the 45minute and 60minute massage treatments. I have delayed as long as possible but from May 1st the changes will take place as follows: 60minutes will be £60 and 45minutes will be £50. I'm sure you all appreciate the reasoning behind this in the current economic climate. I'd like to take the opportunity to thank you all for maintaining your visits to the clinic through thick and thin ie since 2020 we've all suffered difficult circumstances. I like to think we help each other out during the appointment time spent together!

To make this transition easier I have some tempting Special Offers:

### [Rosemary Energiser for May](#)

Reflexology to rebalance your body, mind and spirit paired with a deep tissue massage of the legs and back. Using a blend of rosemary, ginger, lemongrass essential oils, this will leave you feeling revived and invigorated. Great if you need a boost or pick me up

**90 minutes for £75, usually £85**

### [Grapefruit Detox for June](#)

Full body and face massage using a blend of grapefruit, lemon, geranium essential oils incorporating Manual Lymphatic Drainage to help toxin and waste removal. Helpful for sluggish circulation, puffiness, and to boost your immune system by cleansing the toxic load from cells.

**90 minutes for £75, usually £85**

### Lavender Relaxant for July

A soothing body, face and foot massage using lavender, chamomile and ylang ylang essential oils. This is aromatherapy at its best. This method is not for those looking for deep knot release, you will leave feeling relaxed, calm and rested.

**90 minutes for £75, usually £85**

In the meantime if any one would like to add a review to GoogleMyBusiness I have a link to this below. The site allows people to see the clinic and find out if it's right for them. It is helpful for prospective customers to read opinions and see how the business is regarded. You don't need to add any words if you don't want to, a star review is fine. Thank you in advance. Here is the link if you choose to do this:

<https://g.page/r/CYzSYwYF4m4jEBI/review>

April 22nd is Earth Day where we should all do something to help our injured world. Neal's Yard has always been ahead of the game when it comes to caring for the environment, now they are even better. Did you know they were the first UK high street retailer to be Certified Carbon Neutral. Since March 2012 they've helped protect over 3million m2 of rainforest. Currently all of the blue plastic shower, hair and skincare bottles up to 300ml are made from 100% recycled material.

They specialise in aromatherapy based well being; using pure essential oils they have created a sensory heaven, which fits perfectly with my work.

As a qualified Aromatherapist I buy from a wholesaler and create my own blends for use in my work, but I thoroughly recommend Neal's Yard blended products and high quality essential oils.

The skincare collections I use in my Facials are the Rehydrating Rose and Rejuvenating Frankincense ranges. I suggest you take a look at my consultant website for all the gorgeous products available, [NYR Organic UK](#) , you can easily place online orders which will be delivered to your door within 5-7 days if not before. Take a look at the award winning mother and baby section, for something special. The Baby's Balm is proving very effective on sore skin (body or face) for adults and babies alike.

I look forward to seeing you soon.

Kind regards,

Charlotte